

Lyle Povah

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EXPERIENCE

Drum Circle and Music Programs directly related to Eating Disorders

St. Paul's Hospital In-Patient Eating Disorders Program

Drum Circle Program Facilitator

Vancouver, British Columbia, Canada

2006 to
present

- Contracts for weekly drum circle programs:
 - 2013-2014: eight-month program
 - 2012-2013: ten-month program
 - 2010-2011: ten-month program
 - 2009: six-month program
 - 2007: three-month program
 - 2006: four-week pilot program
- Conducted studies of the effect of drum circle participation on in-patients:
 - 2011: [Drum Circle Study](#) [Study Summary](#)
 - 2009: [Drum Circle Study Summary](#)
 - 2007: [Drum Circle Evaluation](#)

Fraser Valley Institution (Abbotsford) – medium to maximum security prison for female inmates

Guest Speaker/Drum Circle Facilitator

Vancouver, British Columbia, Canada

2009 to
present

- Seven single-session drum circles for inmate eating disorders Peer Support Group

BC's Children's Hospital Specialized Eating Disorders Program

Drum Circle Program Facilitator

Vancouver, British Columbia, Canada

2009 to
present

- Five single-session drum circles, including a Child Psychiatry session

Chimo Crisis Centre

Drum Circle Facilitator and Guest Speaker

Richmond, British Columbia, Canada

2010

- Eating Disorders Awareness Week
- Volunteer appreciation event

Richmond Eating Disorders Program 2008 and
Program Facilitator and Guest Speaker 2009
Richmond, British Columbia, Canada

- Eating Disorders public forum for Chimo Crisis Services, 2008 and 2009

Beau Cote Centre for Eating Disorders 2008
Drum Circle Program Facilitator
Bowen Island, British Columbia, Canada

- Single-session drum circle
- www.beaucote.ca

BridgePoint Center for Eating Disorders 2005, 2006
Co-Presenter and 2007
Milden, Saskatchewan, Canada

- 2007 “Drumming and Inner Connection” workshop for international conference – “DREAMS of eVeRy SiZe - Feeding our Souls”
- 2006 Week-long retreat for men
- 2005 Five-day adolescent retreat
- www.bridgepointcenter.ca

Looking Glass Foundation for Eating Disorders 2004 and
Drum Circle and Music Program Facilitator 2005
Mission, British Columbia, Canada

- at Zajac Ranch for Children – Canada’s first full-time summer camp for children with chronic or life-threatening illness
- www.lookingglassbc.com

Shaughnessy Hospital Eating Disorders Program 2001 - 2002
Drum Circle Program Facilitator
Vancouver, British Columbia, Canada

- One-year contract to provide monthly drum circles

Other Health Care Related Experience

Inspire Health Integrative Cancer Care 2012 -
Drum Circle Program Facilitator for the “Life Program” present
Facilitator – Cancer Patient Support Group
Vancouver, British Columbia, Canada

- Drum Circle Program

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- Positive Living Society** 2012 - present
Drum Circle Facilitator
 – Four workshop retreats
- The Maples Adolescent Treatment Centre** 2011 - present
Drum Circle Facilitator
 – Five single-session drum circles
- British Columbia's Children's Hospital** 1991 - present
Music Practitioner
 Vancouver, British Columbia, Canada
 – Facilitating drumming and music one day per week for more than 20 years
 – School room drum circle program
 – One-on-one bed-side visits
- Vancouver Coastal Health – Better Breathers Education and Peer Support Group** 2013
Drum Circle Facilitator
 – Single-session Therapeutic Drum Circle
- Canadian Mental Health Association** 2012
Drum Circle Facilitator
 – Staff Team Building Session
- St. Paul's Hospital Psychiatry Ward** 2011 - 2012
Drum Circle Program Facilitator
 Vancouver, British Columbia, Canada
 – Four-month contract for weekly drum circles
- Canadian Association of Burn Nurses Conference** 2011
Drum Circle Facilitator
 Richmond, British Columbia, Canada
 – Conference closing: *Tapping into Health – African Drumming for Connection and Creativity*
- Westcoast Family Resources Society** 2011
Drum Circle Facilitator
 Vancouver, British Columbia, Canada
 – Staff wellness workshop

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- Canadian Down Syndrome Society Conference** 2011
Drum Circle Facilitator
 Richmond, British Columbia, Canada
 – Single-session workshop for youth
- Cardiome Pharma Corp. (UBC)** 2011
Drum Circle Facilitator
 Vancouver, British Columbia, Canada
 – Corporate team-building single-session drum circle
- Open Door Group** 2010 and 2011
Drum Circle Facilitator
 Vancouver, British Columbia, Canada
 – One six-week contract and one five-week contract for weekly drum circles
- MaxFit Movement Institute** 2007 - 2010
Drum Circle Facilitator
 Port Moody, British Columbia, Canada
 – Monthly drum circles
- Midtown Mental Health Team** 2009
Drum Circle Facilitator
 Burnaby, British Columbia, Canada
 – Health and wellness workshop
- Spirit Heals Integrative Medicine Conference** 2009
Drum Circle Facilitator and Co-presenter with Colleen Steel
 University of Victoria, British Columbia, Canada
 – Workshop: *Drumming and Spirituality: The Emergence of Spirit in the Daily Rhythms of Life*
- Turner's Syndrome Conference** 2008
Drum Circle Facilitator
 Richmond, British Columbia, Canada
 – Single session drum circle
- Angelman's Syndrome Conference** 2008
Drum Circle Facilitator
 Whistler, British Columbia, Canada
 – Single session drum circle

Zajac Ranch for Children 2004 - 2008
Drum Circle Facilitator
 Mission, British Columbia, Canada

- Group sessions with children with chronic illnesses

Society for the Arts in Health Care (SAH) – International Conference 2006
Conference Presenter
 Edmonton, Alberta, Canada

- Workshop: *Drumming into Health – A Dynamic Prescription for Wellness*

Other Children’s Hospitals 1994 - 2006
Music Practitioner

Cologne – Germany; Cleveland, San Francisco, Seattle – USA; Accra – Ghana;
 Toronto, Calgary, Edmonton – Canada

- Group drumming and music programs

British Columbia Cancer Agency 2003
Drum Circle Program Facilitator
 Vancouver, British Columbia, Canada

- Single-session drum circle for cancer patients

Other Experience

The Haven 2006 - present
Drum Circle Facilitator on Faculty
 Gabriola Island, British Columbia, Canada

- Four-day workshop “[Drum Talk](#)”

TRAINING

Intensive African Drumming and Percussion Training (5 weeks) 2007
African Academy of Music and Art – Kokrobite, Ghana

Therapeutic Applications of Cross-Cultural Musical Healing in Healthcare and Education 2004 - 2006
Open Ear Center – Bainbridge Island, Washington State, USA

Health Rhythms Training Intensive 2003
Remo Drum Company – Cleveland, Ohio, USA

Intensive African Drumming and Percussion Study (4 months) 1994
 Accra, Ghana

PROFESSIONAL MEMBERSHIPS

Drum Circle Facilitators Guild

Fulton, MD, USA

www.dcfg.net

The Global Alliance for Arts and Health (formerly Society for the Arts in Healthcare)

Washington, DC, USA

www.thesah.org